

ENYC 2019/2020 SEASON

SENIOR GIRLS

Division Chairperson: **Lisa Yearwood** 631-943-4423 lisa.yearwood@gmail.com
 Division Coordinator: **Joe Bica** 516-644-6154 joe_bica@pall.com

Games Played With 10 Minute Quarters

Team	Name	Coach	Tel #	Email	Practice Time
Team #1	Lynx	Joe Bica	516-644-6154	joe_bica@pall.com	Thursday 8:30-9:30 Norwood
Team #2	Mercury	Bridget Widmaier	631-645-5304	bridgetwid@yahoo.com	Monday 8 - 8:45pm NPT Middle
Team #3	Aces	Alex Gayer	516-313-4216	gayer@larypc.com	Monday 8 - 8:45pm NPT Middle
Team #4	Dream	Cliff Winnegar	631-262-7925	kimcliff1@yahoo.com	Monday 8 - 8:45pm NPT Middle
Team #5	Storm	Kelli Benchimol	516-659-4794	kbench11@verizon.net	Thursday 8:30-9:30 Norwood
Team #6	Liberty	Mike Brech	631-236-2836	sacycoordinator@gmail.com	
Team #7	Mystics	Rob Cogliati	631-877-2300	robcoogs@aol.com	
Team #8	Sparks	Joe Gunning	631-525-9227	joe@gbmcomputers.com ,	
Team # 9	Sky	Scott Armstrong	516-287-7085	sarmstrong@optonline.net	
Team #10	Fever	Anthony Vetere	631-495-5188	antvetere@verizon.net	

Northsport Athletic Facility **St Anthony's (5th Ave)**

	6:30pm	7:30pm	7:40pm	8:40pm	
Wed Dec 4	Storm @ Lynx	Aces @ Sparks			Wed Dec 4 Liberty @ Dream (ENPT Middle 6:30pm) Mercury @ Mystics (NPT Middle 8pm)
Tues Dec 10			Fever @ Liberty	Sky @ Mystics	
Wed Dec 11	Mercury @ Storm	Aces @ Dream	Wed Dec 11 Lynx @ Sparks (RJO School 8pm)		
Tues Dec 17			Mercury @ Liberty	Fever @ Mystics	
Wed Dec 18	Dream @ Lynx	Storm @ Aces	Wed Dec 18 Sky @ Sparks (RJO School Back 8pm)		
Tues Jan 7			Sparks @ Liberty	Lynx @ Mystics	
Wed Jan 8	Mercury @ Aces	Fever @ Dream	Thurs Jan 9 Sky @ Storm (8:30pm NPT Middle)		
Tues Jan 21			Sky @ Liberty	Sparks @ Mystics	
Wed Jan 22		Dream @ Mercury	Wed Jan 22 Storm @ Fever (Commack Middle School 8:45pm)		
Sun Jan 26	Sparks @ Storm (2pm @ Northsport)	Fever @ Aces (3pm @ Northsport)	Liberty @ Mystics (4pm @ Northsport)	Mercury @ Lynx (5pm @ Northsport)	
Sun Jan 26	Dream @ Sky (Commack High Rear 4:30pm)				
Tues Jan 28			Lynx @ Liberty	Storm @ Mystics	
Wed Jan 29	Fever @ Mercury	Sparks @ Dream	Wed Jan 29 Aces @ Sky (Commack Middle School 7:30ppm)		
Tues Feb 4			Storm @ Liberty	Dream @ Mystics	
Wed Feb 5	Fever @ Lynx	Sparks @ Aces	Wed Feb 5 Mercury @ Sky (Commack Middle School 7:30ppm)		
Sat Feb 8	Aces @ Lynx (2pm @ E NPT Mid)				
Tues Feb 11			Mercury @ Mystics	Aces @ Liberty	
Wed Feb 12	Dream @ Storm	Sky @ Lynx	Wed Feb 12 Sparks @ Fever (Commack Middle School 7:30ppm)		

Commack Middle School - 700 Vanderbilt Pkwy Commack
 Commack High School - 1 Scholar Lane Commack
 RJO Middle School - 99 Old Dock Rd. Kings Park

St Anthony's - 1025 5th Ave, East Northport
 Northsport Athletic Facility - 469 Fort Salonga Rd, Northport
 Northport Middle School - 11 Middleville Rd, Northport

Playoffs Will Start On or Around Feb 14 and can be played any day of the week

Also Refer to General Rules Re Stop Clock, Time-Outs Etc.

Normal High School rules

Home team wears Orange, home is on right side.

Winning team must enter scores on web-site within 24 hours of games end unless league supplies score keeper

All kids MUST play even playing time or game is forfeit and coach will be suspended for next scheduled game.

CLOCK RULES FOR ALL DIVISIONS

10 Minute quarters Running Time. The clock only stops in the last minute of the 2nd and 4th Quarter.

The Clock stops for 30 seconds on all time outs

There are 2 30 second time outs per half.

If a team is up by 10 or more points they can not press